

KEYNOTE SPEAKER



PETER LOVATT, PhD

Director of Dance Psychology

BIOGRAPHY

Dr. Peter Lovatt is the co-founder of the Movement in Practice (MiP) Academy, a specialist provider of education in the psychology of movement and dance.

Peter spent twenty years working in university research labs. He set up the first Dance Psychology Lab in 2008, from where he studied how movement changes the way people think and solve problems, how it changes social interaction and increases pro-social behaviour, and how movement changes people's feelings.

Peter's new book, *The Dance Cure*, which was published by Short Books in the UK in 2020. *The Dance Cure* is being published in the USA by HarperOne, an imprint of HarperCollins.

As a keynote speaker Peter Lovatt gives motivational and entertaining talks at corporate events and conferences. His sessions are perfect for energising the room. With a background in both dance and cognitive psychology, Dr. Peter Lovatt takes you on a thought-provoking and entertaining exploration of the psychology of movement and how it affects uniquely human skills such as creativity and divergent thinking, skills that are important in education, healthcare and the workplace.

Peter teaches two courses on Dance Psychology at the Royal Ballet School in London.

From 2004 to 2019 Peter held the academic post of Reader and Principal Lecturer in Psychology at the University of Hertfordshire, where he set up and ran the Dance Psychology Lab. Peter's expertise is in experimental cognitive psychology and his work on memory, thinking, mood, language learning, problem solving, dance and Parkinson's disease has been published in peer-reviewed academic journals.

Before moving to the University of Hertfordshire Peter was a senior lecturer at Kingston University (2001-2004), he worked in industry as a Principal Research Scientist at Vox Generation (2000-2001), held the post of Senior Research Fellow in the Faculty of English at Cambridge University (1998-2000) and was a Lecturer in Psychology at Greenwich University (1996-1998).

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